

**KECK MEDICINE OF USC and**  
*GI Nutrition Support Weekend Programs*  
**INVITE YOU TO JOIN IN FOR A \*VIRTUAL\* EVENT**

**9:00am to 1:10pm PST (12:00pm to 4:00pm EST)**

Presenting current, evidence-based information on various GI topics; practical management strategies will also be provided. Lectures will include plenty of case examples, and questions are encouraged!

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**Program Schedule**

**SATURDAY, April 30, 2022**

**9:00-9:55 am Upper GI Surgery: Nutritional Implications (55 minutes)**

**Carol Rees Parrish, MS, RDN**

*Learning Objectives:*

- 1) State which upper GI surgeries are most often associated with nutritional compromise.
- 2) Identify barriers that can contribute to nutritional compromise.
- 3) List 3 nutrients that are at higher risk for deficiency in upper GI surgeries.

**9:55-10:55 am High Output Ileostomies (1 hour)**

**Carol Rees Parrish, MS, RDN**

*Learning Objectives:*

- 1) Identify the clinical, psychological, and financial burdens patients with high output ileostomies face.
- 2) Systematically select and dose medications to decrease stool volume.
- 3) Develop a plan to monitor new ileostomy patients after discharge.

**10:55am – 11:10am Break**

**11:10-12:10 am Nutrition for the Cirrhosis Patient (1 hour)**

**Neeral Shah, MD**

*Learning Objectives:*

- 1) Discuss contributing factors to malnutrition in patients with cirrhosis.
- 2) Explain rationale for an evening snack/avoidance of fasting in this patient population.
- 3) Develop strategies to optimize the nutrition in both cirrhosis and acute alcoholic hepatitis.

**12:10-1:10 pm Challenging GI Cases (1 hour)**

**Carol Rees Parrish, MS, RDN**

*Learning Objective:*

- 1) The last session of this symposium will present select GI cases that are sometimes underappreciated and difficult to manage. Patients at risk, presenting symptoms, and treatment interventions will be discussed

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**Program Presenters**



**CAROL REES PARRISH, MS, RDN**

Carol is a GI Nutrition Support Specialist at UVA Health in Charlottesville, Virginia with 40 years of clinical experience. She has spent 31 of those years specializing in nutrition support and complex GI disorders. She founded the Medicine Nutrition Support Service in 1991. Carol's passion for GI and nutrition support includes the care of those with malabsorptive disorders including short bowel syndrome, high output ileostomies, enteral and parenteral feeding, pancreatitis, gastroparesis, and many other complex GI disorders. She was awarded the ASPEN Distinguished Nutrition Support Dietitian Advanced Clinical Practice Award in 2006, the Dietitians in Nutrition Support Distinguished Practice Award in 2012, and the 2021 ASPEN Excellence in Nutrition Support Education Award.



### NEERAL SHAH, MD

Neeral is an associate professor of medicine in the Division of Gastroenterology and Hepatology at UVA Health. He has received the Dean's Award for Teaching Excellence and the All-University Teaching Award in 2016. Dr. Shah is board certified in gastroenterology and transplant hepatology. He is a fellow in all three major GI societies - American College of Gastroenterology, American Gastroenterological Association, and the American Association for the Study of Liver Diseases. He is a lifetime member of the Alpha Omega Alpha - medical honor society. He is a renowned educator and Director of the Academy of Educators at the University of Virginia. Within GI, he is the fellowship program director, overseeing the training for 12 gastroenterology fellows. His research work involves clinical outcomes of coagulation in liver disease, caring for patients with chronic liver disease, and the use of technology in medical education.

## Registration Details & Continuing Education Information

### REGISTRATION IS LIMITED TO 125 PARTICIPANTS.

This is to ensure an optimal learning experience with question/answer periods. Registration will be accepted on a first come, first serve basis. Once the maximum number of participants has registered, a waiting list will be created. Individuals on the waiting list will be notified if a spot becomes available.

### REGISTRATION FEE (Includes printed program materials)

➤ \$125.00

### TO REGISTER → [Glnutritionssupport.com](http://Glnutritionssupport.com)

➤ *Zoom link will be emailed to participants a week prior to the program—make sure we have your correct email!*

This program meets CDR requirements to provide **4 hours of Continuing Professional Education for Registered Dietitian Nutritionists**. Prior approval Pending.

### CANCELLATION POLICY

#### Registration Cancellation

A participant may cancel registration in writing by **March 22, 2022**; registration fee minus \$25.00 administrative fee will be refunded. After **March 22, 2022**, there will be no refunds, however, participant substitution is allowed.

#### In the Unlikely Event of Cancellation

GI Nutrition Support Programs, LLC reserves the right to cancel the program if the number of registrants does not reach the minimum requirement by **March 22, 2022**. In addition, USC and GI Nutrition Programs, LLC cannot be held responsible for cancellations beyond our control.

### Contact Information & Program Questions

Carol Rees Parrish, MS, RDN

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