

**KECK MEDICINE OF USC &  
GI Nutrition Support Weekend Programs**

**INVITE YOU TO JOIN US FOR A \*VIRTUAL\* EVENT**

**9:00am to 1:10pm PST (12:00pm to 4:10pm EST)**

**Keck Medicine of USC** in Los Angeles, CA hosts a *Virtual GI Nutrition Support Program*, presenting current, evidence-based information on various GI and nutrition support topics. Practical management strategies will be provided, and lectures will include plenty of case examples.

Questions are encouraged!

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**Program Schedule**

**Saturday, November 4<sup>th</sup>, 2023**

**9:00-9:55 am The Malabsorption Workup**

**Carol Rees Parrish, MS, RDN**

*Learning Objectives:*

- 1) Differentiate between the different types of malabsorption.
- 2) List the tests currently used to diagnose malabsorption.
- 3) Develop a nutrition care plan for the most common types of malabsorption syndromes.

**9:55-10:55 am Assessing Hydration in the Acute Care, Enterally Fed Adult Patient**

**Carol Rees Parrish, MS, RDN**

*Learning Objectives:*

- 1) Recognize patients at risk for dehydration.
- 2) Identify signs and symptoms of dehydration.
- 3) Develop strategies to prevent dehydration.

**10:55am – 11:10am Break**

**11:10am-12:10 pm Nutrition Support for the Critical Care Surgical/Trauma ICU Patient**

**Kelly O'Donnell, MS, RDN**

*Learning Objectives:*

- 1) Highlight the nutrition issues seen in trauma patients.
- 2) Characterize common nutrition problems in the patient undergoing surgery.
- 3) Discuss nutrition recommendations for a complicated case.

**12:10-1:10 pm Parenteral Nutrition: Clinical Pearls**

**Carol Rees Parrish, MS, RDN**

*Learning Objective:*

- 1) State the indications/contraindications for parenteral nutrition.
- 2) Identify common electrolyte complications of parenteral nutrition and devise plan to intervene.
- 3) Recognize patients at risk for refeeding & Wernicke's.

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**Program Presenters**



**CAROL REES PARRISH, MS, RDN**

Carol is a GI Nutrition Support Specialist with 42 years of clinical experience; 32 of which were spent at UVA Health in Charlottesville, VA specializing in nutrition support and complex GI disorders. She founded the Medicine Nutrition Support Service in 1991, the home nutrition support program in 1995, as well as established the GI Nutrition Clinic. To share her experiences and the teachings of her many mentors, she co-founded the UVA Health Nutrition Support Traineeship, Weekend Warrior, and Webinar educational programs. She was the nutrition series editor for the popular Practical Gastroenterology Journal Nutrition Series from January 2003 to December 2022, publishing 228 articles in the series. She has also written many articles, abstracts, and chapters, and given well over 300 presentations at local, state, regional, national, and international conferences. Carol's passion for GI and nutrition support includes the care of those with short bowel syndrome and other malabsorptive disorders, high output ileostomies, enteral and parenteral feeding, refeeding syndrome, Wernicke's encephalopathy, hydration in the adult enteral patient, small intestinal bacterial overgrowth, pancreatitis, gastroparesis, and many other complex GI disorders. She was awarded the 2006 ASPEN Distinguished Nutrition Support Dietitian Advanced Clinical Practice Award, the 2012 Dietitians in Nutrition Support Distinguished Practice Award, and the 2021 ASPEN Excellence in Nutrition Support Education Award.



### **KELLY O'DONNELL, MS, RD, CNSC**

Kelly has been a registered dietitian since 1992. She has worked as a nutrition support dietitian at UVA Health in Charlottesville, VA since 2001, specializing in enteral and parenteral nutrition for surgery, trauma, and burn patients. Kelly's other areas of interest include micronutrient deficiencies after gastric bypass surgery, allowing her the opportunity to serve as an expert witness in this area. In addition to being the team lead for the nutrition support surgery service, her role includes educating dietetic interns, RNs, and surgery residents in surgery nutrition support. She has been awarded the Outstanding Preceptor of the Year from 7 different dietetic internship classes during her career at UVA Health. Kelly has been a guest editor for *Support Line* and has served various roles including president on

the Virginia Society of Parenteral and Enteral Nutrition Board.

## Registration Details & Continuing Education Information

### **REGISTRATION IS LIMITED TO 100 PARTICIPANTS.**

Registration will be accepted on a first come, first serve basis. Day of event registration not available. Once the maximum number of participants is reached, a waiting list will be created. Wait listed individuals will be notified if a spot becomes available. ***If the minimum number of registrants is not reached by September 20th, 2023***, a full refund will be issued.

### **REGISTRATION OPENS AUGUST 15, 2023 @ [ginutritionssupport.com](http://ginutritionssupport.com)**

➤ **TEAMS link will be emailed to participants 1 week prior to the program—make sure we have your correct email!**

### **REGISTRATION FEE (no refunds after September 20th, 2023, but a replacement colleague is allowed):**

➔ Includes handouts of presentations.

✚ **Early bird (until midnight, September 20th, 2023): \$110.00**

✚ **From September 21st, 2023 until midnight on November 2<sup>nd</sup>, 2023: \$150.00**

### **CONTINUING PROFESSIONAL EDUCATION (CPE)**

This program meets CDR requirements to provide **4 hours** of CPEs for Registered Dietitians. Prior approval Pending.

### **CANCELLATION POLICY**

#### **Registration Cancellation**

A participant may cancel registration in writing by **September 20th, 2023**; registration fee minus \$25.00 administrative fee will be refunded. **After September 20th, 2023**, there will be no refunds, *however, participant substitution is allowed.*

#### **In the Unlikely Event of Cancellation:**

GI Nutrition Support Programs, LLC reserves the right to cancel the program if the number of registrants does not reach the minimum requirement by **September 20th, 2023**. In addition, USC and GI Nutrition Programs, LLC cannot be held responsible for cancellations beyond our control.

## Contact Information

### **SITE CONTACT**

**Cortney Montgomery, MHA, RD, CNSC**  
[Cortney.Montgomery@med.usc.edu](mailto:Cortney.Montgomery@med.usc.edu)

### **PROGRAM QUESTIONS**

**Carol Rees Parrish, MS, RDN**  
[ginutritionssupport@comcast.net](mailto:ginutritionssupport@comcast.net)