

UCSF HEALTH, NUTRITION & FOOD SERVICES HOSTS A
GI Nutrition Support Weekend Program

Presenting current, evidence-based information on various GI and nutrition support topics; practical management strategies will also be provided. Lectures will include plenty of case examples, and questions are encouraged!

Program Presenters



CAROL REES PARRISH MS, RDN

Carol is a Nutrition Support Specialist at the University of Virginia Health System (UVAHS) in Charlottesville, Virginia with 38 years of clinical experience. She has spent 29 of those years specializing in nutrition support and complex GI disorders at the UVAHS, Digestive Health Center. She founded the Medicine Nutrition Support Service in 1991, the UVAHS home nutrition support program in 1995, along with developing the GI Nutrition Clinic. To share the vast experiences and teachings of many mentors, she co-founded the UVAHS Nutrition Support Traineeship, the Weekend Warrior, and Webinar educational programs. She has been the nutrition series editor for the popular Practical Gastroenterology Journal's Nutrition Series since 2003, having published over 185 articles in the series. She has written many articles, abstracts, and chapters, and given well over 300 presentations at local, state, regional, national, and international conferences. Carol's passion for GI and nutrition support includes the care of those with short bowel syndrome, malabsorptive disorders, high output ileostomies, enteral and parenteral feeding, hydration in the enterally-fed patient, small bowel bacterial overgrowth, pancreatitis, gastroparesis, refeeding syndrome, and many other complex GI disorders. She was awarded the A.S.P.E.N. Distinguished Nutrition Support Dietitian Advanced Clinical Practice Award in 2006 and the Dietitians in Nutrition Support Distinguished Practice Award, Academy of Nutrition and Dietetics, Dietetic Practice Group in 2012.



EUGENE CHARLES CORBETT, JR., MD, MACP

Dr. Gene Corbett is a general internist on the faculty at the University of Virginia. He received his MD from the University of Chicago in 1970, completed a surgical internship at the State University of New York at Syracuse in 1971, and medical residency at Johns Hopkins University / Baltimore City Hospital in 1975 where he also was a Robert Wood Johnson Foundation Clinical Scholar. From 1971-84 he was a general rural practitioner at the Central Virginia Community Health Center in Buckingham, VA, and then in the private practice of general internal medicine in Fork Union, VA. During 1984-85 he spent a sabbatical year at Stanford University. In 1985 Dr. Corbett joined the full-time faculty of the Division of General Medicine at UVA. He is now the Brodie Emeritus Professor of Medicine as well as Professor Emeritus of Nursing. He continues to have special interest in clinical education with a special interest in teaching fluid and electrolytes. He served in the past as Dean for Clinical Skills Education and on the curriculum committee of the School of Medicine. He is recognized nationally for his expertise in medical education and has received numerous teaching awards at the University. Dr. Corbett has been an active member of the American College of Physicians since 1975 and was elected to Mastership in 2012. He was a member of the American Society of Internal Medicine from 1979-1998. He has also served as president of the James River Medical Society (1980-84) and the Albemarle County Medical Society (2002-2003).

Program Schedule

SATURDAY, OCTOBER 5, 2019

- 8:15 am Registration** (breakfast on your own)
- 8:45 am Welcome & Introduction**
- 9:00 am Fluid & Electrolytes for the Clinician–Part I**
Gene Corbett, MD, MACP
Learning Objectives:
- 1) Recognize the factors that influence fluid and electrolyte balance in stable patients.
 - 2) Identify physiologic alterations that take place in fluid and electrolyte abnormalities.
 - 3) Apply information learned to clinical practice through a review of selected case studies.
- 10:30 am Break**
- 10:45 am Fluid & Electrolytes for the Clinician–Part II**
Gene Corbett, MD, MACP
- 12:15 pm Lunch** (provided) & **Networking**
- 1:00 pm Nutritional Implications of Small Intestinal Bacterial Overgrowth**
Carol Rees Parrish, MS, RDN
Learning Objectives:
- 1) Identify patients at risk for small intestinal bacterial overgrowth (SIBO).
 - 2) State signs, symptoms, and nutritional alterations that can occur in the setting of SIBO.
 - 3) Describe treatment for SIBO.
- 2:00 pm Break**
- 2:15 pm Parenteral Nutrition Pearls**
Carol Rees Parrish, MS, RDN
Learning Objectives:
- 1) State the indications for parenteral nutrition.
 - 2) Identify common electrolyte complications of parenteral nutrition and devise plan to intervene.
 - 3) Recognize patients at risk for refeeding and develop a prescription and monitoring plan.
- 3:30 – 4:30 pm Nutritional Care of the Patient with Pancreatitis**
Carol Rees Parrish, MS, RDN
Learning Objectives:
- 1) List the primary etiologies for pancreatitis.
 - 2) Evaluate feeding options in patients with pancreatitis based on current evidence.
 - 3) Optimize nutrition support delivered.

SUNDAY, OCTOBER 6, 2019

- 8:30 am Welcome & Networking** (breakfast on your own)
- 9:00 am Enteral Nutrition: The Art & The Science–Part I**
Carol Rees Parrish, MS, RDN
Learning Objectives:
- 1) Describe the state of the *art* of gastric residual volumes.
 - 2) Strategically intervene in the EN-fed patient with diarrhea.
 - 3) Dispel common myths about jejunal feedings.
- 10:00 am Break**
- 10:15 am Enteral Nutrition: The Art & The Science–Part II**
Carol Rees Parrish, MS, RDN
- 11:15 am The Malabsorption Work Up**
Carol Rees Parrish, MS, RDN
Learning Objectives:
- 1) Differentiate between different types and etiologies of malabsorption.
 - 2) List the tests currently used to diagnose malabsorption.
 - 3) Develop a nutritional care plan for the most common types of malabsorption.
- 12:15 pm Lunch** (provided) & **Networking**
- 1:15 pm A Clinician’s Guide to Short Bowel Syndrome**
Carol Rees Parrish, MS, RDN
Learning Objectives:
- 1) List the clinical consequences of Short Bowel Syndrome (SBS).
 - 2) Describe the rationale for the medications commonly used in the management of SBS.
 - 3) Intervene in a stepwise fashion to optimize both hydration and nutritional status.
- 2:15 – 2:30 pm Wrap-Up**

Program Location & Directions

Direction, parking information and maps can be found at:

<http://www.acc-missionbayconferencecenter.com/visiting-mbcc/parking-and-public-transportation.aspx>

Accommodations

The following website provides information about accommodations near the facility:

<http://www.acc-missionbayconferencecenter.com/while-in-san-francisco/accommodations.aspx>

Registration Details & Continuing Education Information

REGISTRATION IS LIMITED TO 70 PARTICIPANTS.

This is to ensure an optimal learning experience, which will be enhanced by interactive case studies, group discussion, and question/answer periods. Registration will be accepted on a first come, first serve basis. Single-day or on-site registration will not be accepted. Once the maximum number of participants has registered, a waiting list will be created. Individuals on the waiting list will be notified if a spot becomes available.

Note: *A minimum number of participants is required to run the program. Registration is now open. Participants will be notified when the minimum number has been reached. Please do not make non-refundable travel plans before this time. We must have the minimum number of participants registered by September 1, 2019 or we reserve the right to cancel the program. In the unlikely event the program does not reach the minimum number by September 1, 2019, a full refund will be made to those who registered.*

REGISTRATION FEE: \$395.00.

This includes lunch each day and printed program materials. See registration form for payment options and instructions.

This program meets CDR requirements to provide 10 hours of Continuing Professional Education for Registered Dietitian Nutritionists. Prior approval Pending. Please note that all clinicians are welcome in the program, however, we are unable to provide prior-approved CE credits for disciplines other than RDs/RDNs.

FOR REGISTRATION AND UPDATES VISIT: ginutritionssupport.com

CANCELLATION POLICY

Registration Cancellation

Registration may be cancelled in writing before September 1, 2019. After September 1, 2019, the registration fee minus a \$100 administrative fee will be refunded. There will be no full refunds after September 1, 2019, however, participant substitution is allowed.

Event Cancellation

GI Nutrition Support Programs, LLC reserves the right to cancel the program if the number of registrants does not reach the minimum requirement by September 1, 2019. In addition, UCSF cannot be held responsible for cancellation for reasons beyond our control.

Contact Information

SITE CONTACT

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PROGRAM QUESTIONS

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