

March 7, 2020 – Santa Monica GI Nutrition Support Program Evals (n = 37)

Criterion	Excellent
Objectives were clearly defined and presented	97%
Program was well planned and organized	86.7%
Topics were practical and relevant	93.3%
Program objectives were met	93.3%
Your personal objectives were met	86.6%
Presentations were free from commercial bias	97%
Speakers were knowledgeable and effective	100%
On a scale from 5 (excellent) to 1 (poor), please rate the overall content and practical value of each lecture	
Upper GI Surgery: Maximizing Nutritional Status	96.7%%
Taking Care of Your Colon: Diet to Screening Colonoscopy	100%
Refeeding Syndrome	93.4%
Gastrointestinal Issues In Women's Health	100%
Nutritional Care of the Patient with Gastroparesis	96.7%
Managing the Patient with High Ostomy Output	93%
Please rate your overall experience with the program	
	93%
What did you like best about the program and how will the program affect your practice?	
<ol style="list-style-type: none"> 1) I thought the speakers were excellent and their advice was excellent. 2) I appreciated the thoroughness and evidence-based examples for treatment/interventions of gastroparesis and high ostomy output. Both applicable in my practice working in a skilled nursing facility. 3) I appreciated the clear and useful info that I have already applied to my day job. Especially the refeeding info. It was a great day and I plan to attend future talks. 4) Excellent clear presentations. It has helped to have copies of the slides to look back at. 5) Carol Rees Parrish giving practical tips, chart of reasons and ways to improve constipation 6) very informative. practical. 7) I liked the inclusion of thiamine in the refeeding syndrome lecture, I think it is something many dietitian shy away from or do not adequately address 8) Evidence based data and case studies! 9) Strong speakers 10) The speakers were engaging and well-informed. My clinic sees mostly short bowel syndrome, so I will use all of the lectures from Carol in my practice. 11) I really enjoyed management of high ostomy output 12) I liked the variety of topics. 13) Some very practical advice about how to both strategically and tactically help and support this patient population. 14) Some of the presentations were more relevant to my practice than others and I will integrate the information. Some were more relevant to a hospital inpatient setting than outpatient. 15) Wonderful speakers!! 16) IT EQUIPPED ME WITH TOOLS TO IMPROVE NUTRITION INTERVENTION WITH CRITICAL GI PROBLEMS IN ICU 17) The practicality using the case study and actually showing the evidenced by the recommendations 	

- 18) I enjoyed the "Taking Care of your Colon" lecture, as it provided a good overview of GI health which is relevant to the inpatient population.
- 19) Excellent information applicable to my daily practice.
- 20) I felt the two speakers were very prepared and knowledgeable. They made the information understandable and were open to questions.
- 21) I can use so much relevant information in my practice - there were plenty of practical take-aways provided.
- 22) I enjoyed the specific nature of the topics chosen - I think it allowed the speakers to go into the kind of detail that gave the audience more of an overall picture of the condition and how we as dietitians can best help our patients. I also appreciated the printed slides to take notes on - I will be keeping these at work to refer to! This program will definitely give me more confidence assessing and counseling patients with these types of conditions, particularly the ones I tend to see less often such as refeeding syndrome and patients with high-output ileostomies.
- 23) Importance of Thiamine supplementation in malnourished pts. Gastroparesis.
- 24) I felt empowered, will probably get more involved with PMD at my SNF.
- 25) Ileostomy, re-feeding syndrome. I tend to apply what I learned and change some of the practice/recommendations I do for my patients
- 26) The content was filled with a lot of information. It will not affect my practice much in that many of the recommendations made by the speaker are ultimately left to the physician, and if the physician disagrees with these recommendations, only frustration will result.
- 27) All presentations were excellent and very informative. Since I don't work with GI patients and since I'm about 17 years away from my internship, I found this symposium to be a good refresher/update on what I learned at that time. Also, since I'm currently researching and lecturing on the relationship between the microbiome and the brain, and since it seems to be an accepted fact that the microbiome affects our moods, depression, and mental states in general, I'm wondering whether the various ostomies discussed might affect that microbiome and in turn a patient's willingness to comply with nutritional and medical recommendations?

What suggestions do you have for improving the program?

- 1) Maybe making the PPT slides available online.
- 2) Maybe cut the re-feeding lecture down?
- 3) THE PROGRAM WAS EXCELLENTLY EXECUTED.
- 4) None, I thought it was great x 6
- 5) Really enjoyed topics
- 6) I would prefer an outpatient vs inpatient symposium, instead of a blended symposium.
- 7) I really enjoyed the program and thought that both speakers were extremely knowledgeable and very thorough in their presentations. Thank you!
- 8) Shorter lunch time

Would you recommend this program to others?

Yes: 100%