

Virtual GI/Nutrition Support Program

9:00am to 12:15pm PST -- 12:00pm to 3:15pm EST

GI Nutrition Support Programs, LLC presents current, evidence-based information on various GI and nutrition support topics. Practical management strategies will be provided, and lectures will include plenty of case examples. Questions are encouraged!

Program Schedule

Saturday, April 27th, 2024

◆ **9:00-10:00 Nutrition Assessment: Are We Missing Something? → Guilty!**

Carol Rees Parrish, MS, RDN

Learning Objectives:

- 1) Identify the malnourished patient using objective measures AND clinical judgement.
- 2) Intervene in a stepwise fashion to nourish the malnourished patient.
- 3) Communicate nutrition progress of the patient with the team along the way and stay out of court!

◆ **10:00-11:00 Improving the Identification and Treatment of Micronutrient Deficiencies in Complex GI Cases**

Kristen Roberts, PhD, RDN, LD, CNSC, FAND, FASPEN

Learning Objectives:

- 1) Analyze biochemical, physical, and clinical presentations to diagnose a micronutrient deficiency.
- 2) Evaluate the appropriateness of oral, intramuscular, and intravenous dosing strategies for micronutrient repletion.
- 3) Create a protocol for establishing the need for micronutrient assessment and treatment in complex GI conditions.

11:00 – 11:15 Break

◆ **11:15am-12:15 What to Feed My Critically Ill Patient: Too much? Too little? Just right?**

Britta Brown, MS, RD, LD, CNSC

Learning Objectives:



- 1) Review recent trial data for energy and protein provision in critical illness.
- 2) Discuss strategies for assessing nutritional needs throughout the phases of critical illness.
- 3) Apply evidence-based practices for developing and implementing a nutrition care plan using patient cases.

Program Presenters



Carol Rees Parrish, MS, RDN

Carol is a GI Nutrition Support Specialist with 42 years of clinical experience; 32 of which were spent at UVA Health in Charlottesville, VA specializing in nutrition support and complex GI disorders. She founded the Medicine Nutrition Support Service in 1991. Carol co-founded the Nutrition Support Traineeship, Weekend Warrior, and Webinar educational programs. She was the nutrition series editor for the Practical Gastroenterology Nutrition Series for 20 years, publishing over 225 articles. She has authored numerous publications and given well over 300 presentations at state, regional, national, and international conferences. Carol's passion for GI and nutrition support includes the care of those with short bowel syndrome, malabsorptive disorders, high output ileostomies, enteral and parenteral feeding, refeeding/Wernicke's encephalopathy, pancreatitis, gastroparesis, and many other complex GI disorders.

	<p>Kristen Roberts PhD, RDN, LD, CNSC, FAND, FASPEN</p> <p>Kristen is a Registered Dietitian Nutritionist with 18 years clinical experience in gastrointestinal failure, gut rehabilitation and nutrition support. She holds a joint appointment within the Division of Gastroenterology, Hepatology and Nutrition and the School of Health and Rehabilitation Sciences at The Ohio State University as an Associate Professor. Her clinical expertise is caring for patients with various GI illnesses, including dysmotility and malabsorptive syndromes. Kristen completed her PhD in Human Nutrition with a specialization in biomedical, clinical, and translational science and she has an active research program understanding the impact of dietary patterns on chronic inflammatory conditions. She is a fellow of the Academy of Nutrition and Dietetics and of the American Society for Parenteral and Enteral Nutrition and a Certified Nutrition Support Clinician and serves as the Associate Editor for <i>Nutrition in Clinical Practice</i>.</p>
	<p>Britta Brown, MS, RD, LD, CNSC</p> <p>Britta Brown, MS, RD, LD, CNSC is a clinical dietitian at Hennepin County Medical Center in Minneapolis, MN. She works in the medical intensive care and general medicine units and places bedside feeding tubes. She has written and presented on the topics of critical care nutrition support, ethics and end of life care, nutrition-focused physical assessment, malnutrition, and bedside feeding tube placement. She is a former Chair of the Dietitians in Nutrition Support practice group, member of the ASPEN Enteral Nutrition Committee and Co-Chair of the ASPEN Adult NOVEL Project.</p>

Registration Details & Continuing Education Information

REGISTRATION IS LIMITED TO 125 PARTICIPANTS.

Registration will be accepted on a first come, first serve basis. Day of event registration not available. Once the maximum number of participants is reached, a waiting list will be created. Waiting list individuals will be notified if a spot becomes available. ***If the minimum number of registrants is not reached by March 15th, 2024, a full refund will be issued. The program is only offered live, recordings are not available.***

REGISTRATION OPENS: Wednesday, February 7th, 2024 @ ginutritionssupport.com

Zoom link and handouts will be emailed to participants 1 week prior to the program—make sure we have your correct email!

REGISTRATION FEE (no refunds after March 15th, 2024), but a replacement colleague is allowed:

➔ Includes handouts of lecture materials.

- ✦ **Early bird (until midnight, March 15th, 2024): \$110.00**
- ✦ **From March 16th, 2024 until midnight April 25th, 2024: \$150.00**

CONTINUING PROFESSIONAL EDUCATION (CPE)

This program meets CDR requirements to provide **3 hours** of CPEs for Registered Dietitians. Prior approval Pending.

UNLIKELY CANCELLATION

GI Nutrition Support Programs, LLC reserves the right to cancel the program if the number of registrants does not reach the minimum requirement by **March 15th, 2024**. GI Nutrition Programs, LLC cannot be held responsible for cancellations beyond our control.

CANCELLATION POLICY

Registration Cancellation

A participant may cancel registration in writing by **March 15th, 2024**; registration fee minus the \$20.00 administrative fee will be refunded. **After March 15th, 2024**, there will be no refunds, *however, participant substitution is allowed.*

PROGRAM QUESTIONS

Carol Rees Parrish, MS, RDN @ ginutritionssupport@comcast.net